

PATIENT'S NAME:..... DOB:.....

FAST Alcohol Screening Test (FAST) for the detection of probable hazardous drinking

For the following questions please circle the answer which best applies.

1 drink = 1 unit = 1/2 pint of beer or 1 glass of wine or 1 single spirits

1. **MEN: How often do you have EIGHT or more drinks on one occasion?
WOMEN: How often do you have SIX or more drinks on one occasion?**

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	SCORE
0	1	2	3	4	

Only ask Questions 2, 3 & 4 if the response to Question 1 is "Less than monthly" or "Monthly"

2. **How often during the last year have you been unable to remember what happened the night before because you had been drinking?**

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	SCORE
0	1	2	3	4	

3. **How often during the last year have you failed to do what was normally expected of you because of drink?**

Never	Less than monthly	Monthly	Weekly	Daily or almost daily	SCORE
0	1	2	3	4	

4. **In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?**

No	Yes, on one occasion	Yes, on more than one occasion	SCORE
0	2	4	

TOTAL	
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FAST POSITIVE (Score of 3 or more)
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YES		NO	
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Additional Consumption Questions:

- A. On how many days of the week do you drink alcohol?
B. What amount of alcohol do you drink?